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JEFF HARPER/METRO



## 'THERE IS HOPE'

THOUSANDS TAKE PART IN RUN FOR THE CURE IN HALIFAX

**metroNEWS**

## A tragic tail starts to wag

### ANIMALS

**SPCA thrilled  
by interest of  
public to adopt  
neglected dogs**



**Stephanie  
Taylor**  
Metro | Halifax

What started out as a sad story about 25 dogs being rescued by the Nova Scotia SPCA looks like it will have a paws-itive ending.

Courtney Zylstra, spokeswoman with the SPCA, said the organization has been flooded with inquiries from residents in HRM looking to adopt one of the many American Staffordshire Terriers seized from a home in North Preston over the weekend.

"When they become available for adoption, we shouldn't have any shortage of people interested, which is wonder-

ful," she said Sunday. "We're really impressed with the positive outcry we've had from the community."

The 25 dogs, including some five- to six-week-old puppies, were found living outside of a home without access to shelter or water, Zylstra explained.

"Coming up on the cool nights that we have been, that's not a good situation for any animal," she said.

Besides requiring a visit to the veterinarian and some more socialization, she said the dogs are in good shape.

Zylstra said at first she was shocked to see a public interest to adopt the animals, given the breed's reputation as aggressive.

"It's really how you treat the breed, not the breed itself," she said. "They unfortunately have a bad reputation, but are the most lovable and beautiful dogs."

Charges are pending against the owners under the Animal Protection Act.



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Donelda MacAskill, 62, left, celebrates with volunteers Keith MacMillan, centre, and Herbie Jeromel after flipping over the ace of spades and winning more than \$1.7 million in Inverness on Saturday. Inset: The crowds fill the arena in Inverness, waiting for the Chase the Ace draw to begin. DARREN PITTMAN/THE CANADIAN PRESS

## ‘It’s like a carnival atmosphere’

INVERNESS, N.S.

### Englishtown woman wins Chase the Ace contest

A wildly popular fundraising game that attracted tens of thousands of people to a tiny

Cape Breton town in recent weeks came to a climactic end Saturday when a \$1.7-million jackpot was awarded to a retired woman and her ailing husband.

Donelda MacAskill from Englishtown won the grand prize in the Chase the Ace game of chance when she found the ace of spades among the three playing cards that remained

following a series of weekly draws that began in Inverness 48 weeks ago.

The game grew in popularity across the region as the jackpot steadily increased and word spread about the event’s raucous, kitchen-party atmosphere.

MacAskill, who used to run a tour boat company, was shaking when she pulled the winning card from a table in front of about 2,500 people at the local hockey arena. When she spotted the ace, she promptly dropped the card — and the crowd let loose a deafening roar.

Afterward, MacAskill said she was on her way home from one of the ticket-selling venues on the north end of town, when she realized her ticket had been called.

But the road to the arena, where the draw was held, was blocked with cars.

“I had to leave the car and run, and I don’t run well,” the 62-year-old said after accepting her ceremonial cheque.

She said she had no firm plans for how she and her husband John would spend the money. However, she said the funds will be helpful for her husband, who recently underwent treatment for cancer. The couple have three grown sons.

“You don’t play with the thought of winning,” she said when asked what she planned to do next. “I really didn’t think I was going to win. That’s why I was on the side of the road, ready to head for home.”

As for the event in Inverness,

she said: “I did enjoy it. It’s like a carnival atmosphere.”

The RCMP said about 25,000 people and about 4,000 cars were expected to descend on the town of 1,300 on Saturday, clogging the town’s streets and raising concerns among emergency officials worried about access to anyone in distress.

Lineups for tickets were long at the Royal Canadian Legion, the local hockey arena and an outdoor concert venue known as Broad Cove, where MacAskill bought \$125 worth of tickets.

Inside the arena, a local rock band performed before former premier Rodney MacDonald took the stage, fiddle in hand, to entertain with a long set of traditional jigs and reels.

THE CANADIAN PRESS

### + LOCAL EFFORT

Every Saturday since last October, half of the money raised was split between the two organizations behind the draw: the legion and the Inverness Cottage Workshop, which provides skills training for adults with intellectual disabilities.

Another 20 per cent was set aside for the weekly winner and 30 per cent for the jackpot.

The two organizations are expected to split more than \$2 million, though the final number has yet to account for expenses.

### + PICK A CARD, ANY CARD

Chase the Ace is like a 50-50 draw in that players buy numbered tickets for \$5 apiece. The winner of that draw gets 20 per cent of the total ticket sales that

day and a chance to win a growing jackpot by finding the ace of spades in a deck of 52 playing cards that gets smaller with each successive draw.



BYLAWS

# Storm water policy ready for debate

Halifax councillors are set to debate two long-awaited bylaws this week.

On Tuesday, the city's committee of the whole will look at changing a lot grading and drainage bylaw, as well as a storm water management bylaw.

The changes follow a previous decision by Halifax regional council to develop an "integrated stormwater policy," says

a staff report.

"The objective of a storm water bylaw is to protect water quality, reduce flooding and prevent any detrimental effects of uncontrolled runoff associated with land development," the report reads.

It also states that a lot grading bylaw functions to protect private properties from flood damage.

The proposed lot grading bylaw would see changes to the current rules in place for resident who move into a home before the proper lot grading is complete.

"The amount is too little to affect repairs," the report says of the current deposit, adding that since the builder often pays the \$1,000, it does not place any accountability on the homeowner.

STEPHANIE TAYLOR / METRO

## PROPOSAL

What is proposed is that instead of paying a \$1,000 deposit, the new bylaw would allow the municipality to carry out surveys and fix defective work, as well as "place a lien on the property to recover costs."

STEWART MCINNES

# Prominent lawyer and former MP dies

A prominent Halifax lawyer and former Tory cabinet minister has died.

Stewart McInnes was a senior partner with the law firm McInnes Cooper and had served as Minister of Supply and Service and Minister of Public Works in the Brian Mulroney

Progressive Conservative government in the 1980s.

He died on Saturday evening. He was 78.

"Stewart was a skilled lawyer, compassionate politician and generous friend," Nova Scotia PC leader Jamie Baillie said in a statement. METRO

## IN BRIEF

### Teens robbed, sprayed with sensory irritant

A 16-year-old boy is facing charges after two people were robbed and sprayed with a sensory irritant in Cole Harbour.

The RCMP say around 1:50 a.m. Saturday, two teens —

aged 16 and 17 — were walking on Merrimac Drive when they were approached by the suspect and robbed.

Police were called, and with the help of a K9 team, were able to locate the suspect and arrest him. He has since been charged. METRO



A crime scene investigator is on the scene at 107 Pinecrest Dr. JEFF HARPER/METRO

# Police probe sudden death in Dartmouth

INVESTIGATION

## Man in his 60s found inside apartment unit



Stephanie Taylor  
Metro | Halifax

Halifax Regional Police are investigating what they are referring to as a suspicious death in Dartmouth.

Police were called to a sudden death inside in apartment at 107 Pinecrest Dr. on Sunday around 10:50 a.m.

At the scene, police found a 64-year-old man dead.

"From what we found on scene we are treating it as suspicious death," said police spokesman Staff Sgt. Greg Mason.

Investigators and members of the forensic unit were still on scene around 3 p.m.

A body was eventually removed from the building

**"We are just trying to determine what happened."**

Staff Sgt. Greg Mason

around 3:30 p.m.

A group of residents gathered outside the apartment building while investigators worked inside.

A man who says he looks after the building told Metro Halifax that the victim had been living alone in a unit for the past five years.

The man could be overheard telling residents the victim's body was discovered buried underneath a mattress, possibly the reason why the death was deemed suspicious.

Mason said they expect to release more details once an autopsy is conducted on Monday.

WITH FILES FROM PHILIP CROUCHER



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**HALIFAX**



# Hundreds of survivors, friends come out to Run for the Cure

## CHARITY

**Event has become day of celebration for families**



**Stephanie Taylor**  
Metro | Halifax

While some in Halifax stayed in bed on Sunday morning, recovering from the week that was, 61-year-old Anne Landry was just getting started.

Landry stole the show in a parade of breast cancer survivors who danced, cheered, and applauded their way in front of a crowd of thousands gathered for the city's 21st annual CIBC Run for the Cure.

"Ten years cancer-free," Landry cheered, as she heading back into the crowd, looking for her family, who, on any other day would have stood out in their hot pink wigs, bras and cowboy hats, but instead blended into a sea of more than 5,000 other pink-and-white outfits.

Landry explained she first participated in the event in 2005 as a walker, after finishing chemotherapy, then decided to run the following years.

She planned to walk again on Sunday, this time to make her anniversary last.

"You figured there's no hope. But there is hope,"



**Anne Landry, 61, celebrates her 10th anniversary of beating breast cancer with her family on Sunday during the annual Run for the Cure.** PHOTOS BY JEFF HARPER/METRO

Landry said.

That hope was plain to see in her daughter Janice Pelly, who used running as an outlet when Landry was first diagnosed with the disease.



**My mom's my inspiration. She has beaten cancer and has risen.**

Janice Pelly



**Some of the roughly 6,000 people who participated Sunday.**

"It feels amazing. I have my mom," Pelly said through tears.

Both women said the annual event has become a day of celebration for their family — a description the regional executive director of the Canadian Breast Cancer Foundation would agree with.

"It's so just inspiring to see so many people come out and support this cause year after year," Jane Parsons said Sunday.

"It is heartwarming."

The event, hosted by the foundation, sees thousands of participants register to walk or run either a one- or five-kilometre distance to raise

awareness for breast cancer. It generates up to \$24 million in donations for research nationwide.

Many familiar faces return to the event year after year, but it always attracts a throng of first-timers, which Parsons believes is a testament to the reality that an average of five women in Atlantic Canada are diagnosed with breast cancer everyday.

That's why Landry, Pelly and their family team — named the 'Hunnies for Healthy Hooters' — plan to keep up the yearly tradition.

"Until we can walk or crawl or whatever. We'll be back," Landry said.

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Darrin Natolino's final day on the job will be Oct. 16. JEFF HARPER/METRO FILE

# 'I don't blame him for leaving'

## WINTER WORKS

### Resignation of superintendent not surprising, says councillor



**Haley Ryan**  
Metro | Halifax

One Halifax councillor says she can understand why the city's superintendent of winter works would want to leave after last year's pummelling by weather and residents alike.

Coun. Linda Mosher says it was never fair for superintendent Darrin Natolino to be the spokesman for winter works without the proper resources.

"It appears that the focus is on the bottom line and not public safety, so I don't blame him for leaving," Mosher said.

On Friday, HRM spokeswoman Jennifer Stairs said Natolino had notified staff Thursday that he would be leaving for

another position. His final day on the job is Oct. 16.

Mosher said it should have been the deputy chief or the chief administrative officer handling media and addressing concerns over snow and ice-clearing — not Natolino.

"It should not have been (Natolino) who was responsible for that," Mosher said, referring to last year's snow-filled winter.

"I understand why he would want to leave."

Mosher said Natolino would email CAO Richard Butts with requests for more resources that were needed due to the rapid freeze-and-thaw cycle, but which "were not granted."

She added that until now, regional council may have been telling Butts to be fiscally responsible but he should be directed that "public safety is of the utmost importance."

"If they need more resources, then we'll have to make it happen," Mosher said. "If we don't have improvements in service, the ownership should be on him."



**Last year, perhaps, scared him right out of the municipality.**

Coun. Tim Outhit

As the face of snow clearing efforts in Halifax, Natolino took the brunt of complaints levelled at the city after a brutal winter saw snow piled up on streets and sidewalks for days at a time, as well as icy sidewalks for weeks.

Stairs said she could not comment on whether the city knew Natolino's resignation was coming, since it is a personnel matter.

Natolino was "not interested" in doing any interviews related to his move, she added.

Stairs said the city is still in the "early days" of working out the details of how the search for a new superintendent will go, but are putting together an interim plan to make sure responsibilities are covered.

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## STABBING

## Man faces murder charge

Cape Breton Regional Police say a 21-year-old man faces a second-degree murder charge in connection with a stabbing last week.

Cody Alexander Russell, of Northside, was taken into custody and appeared in Sydney provincial court on Friday.

Police say 25-year-old Stephen Tyler Chisholm died of stab wounds sustained in an incident on Clifford Street in North Sydney early Wednesday.

About 15 minutes after the first call, police were called back to King Street where they found a 21-year-old man with what appeared to be a life-threatening stab wound.

Police say he was taken to the Cape Breton Regional Hospital for treatment. THE CANADIAN PRESS



**NOVA STAR SEPTEMBER NUMBERS DOWN FROM LAST YEAR** As Nova Star's 2015 sailing season starts to wind down, the company has released its September passenger counts, which shows a decrease of 923 passengers from the same month last year. This September, Nova Star carried 10,212 passengers, compared to 11,135 in 2014. This year to date Nova Star has carried 48,012 passengers versus 51,482 at this time last year. The season ends Oct. 13. THE CANADIAN PRESS FILE

### IN BRIEF

#### Cyclist sent to hospital after being hit by car

A 54-year-old man ended up in hospital with non-life-threatening injuries Sunday afternoon after his bicycle was hit by a car in a Halifax intersection.

Officers responded to the collision at Chain Lake Drive and Washmill Lake Drive just after 2 p.m., Halifax Regional Police said in a news release.

The 87-year-old driver was travelling east and started turning left into the movie theatre parking lot when the cyclist, who was travelling west, was hit by the vehicle, police said.

METRO

# 'Bad batch of street drugs'

## BUST

## 12 men, one woman facing 30 charges



**Haley Ryan**  
Metro | Halifax

Halifax police have charged 13 people as part of a trafficking operation into a "bad batch" of drugs in the downtown bar scene.

Halifax Regional Police said 12 men and one woman are facing about 30 charges following a five-

month undercover operation that began when some residents had "severe" adverse reactions, including hospitalization, to MDMA (also known as "molly").

"It was a danger to the person that was taking the drug, but it was also a public danger because of how they were reacting," said Staff Sgt. Darrell Gaudet, officer-in-charge of the drug unit, on Friday.

"Because it was so adverse and people were hallucinating we decided to move rapidly.... It did become a fear that there was a bad batch of street drugs out there."

Police first noticed the nega-

tive reactions on Dec. 31, and warned the public in early January.

Gaudet said the investigators in the drug unit of the integrated criminal investigation division launched an operation in May to target those believed to be trafficking drugs in Halifax clubs, including staff and patrons.

"We weren't targeting the bars, we were targeting the drug traffickers and, so, where (they) went that's where we went," Gaudet said.

The officers posed as bar patrons and were successful in buying molly and other drugs from some employees and fellow patrons, Gaudet said.

Gaudet said molly can be MDMA alone, or the drug mixed with other substances, and since it's unclear what's in them "you could die as a result."

"It's not going downtown, buy-

### + ARRESTED

- Jonathan George Laing, 26, Halifax
- Peter George Schmid, 20, Dartmouth
- James Dean Veniot, 32, Dartmouth
- Chula Kanishkas Sahabandu, 23, New Glasgow
- Trevor Stephen Fitt, 20, New Glasgow
- Jason Andrew Saldanha, 23, Halifax
- Mila Fraser, 22, Dartmouth
- Erfan Keyghodabi, 22, Halifax
- Bryson Murphy, 21, Halifax
- Mustafa Shahwan, 24, Halifax
- Stephane Harm Goosens, 23, Halifax
- Patrick Brown, 24, Halifax
- Matthew Lawrence Hadfield-Power, 19, Dartmouth

ing a drug you think is a party drug and you're going to have a good time," Gaudet said.

"You're buying it from a drug dealer who has got the drugs from organized crime, and they don't care about your well-being."

The operation ended earlier this week, Gaudet said, and resulted in 13 people being charged

with a total of 30 offences under the Controlled Drugs and Substances Act, including trafficking, possession for the purpose of trafficking and possession of illicit substances.

Gaudet said while the accused may know one another, he "wouldn't classify" them as a ring.

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- 3 Nick Jonas Levels
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## MILLVILLE

## Retired doc claims biggest pumpkin

The rumours were true.

As the giant pumpkin was placed delicately on an industrial scale, removed of its safety straps that were holding it in place on a forklift, the official call was made.

"One thousand, two hundred and sixty-four pounds," read the official measurement.

Its owner, Dr. Mahmood Naqvi, held a look of satisfaction while his wife, Rae Naqvi, raised her arms in jubilation among a small crowd in the pelting rain.

Growing giant pumpkins is serious business in Millville.

"I feel very good about it because when you see them grow every day it makes you feel like you're accomplishing something," said a reserved Mahmood Naqvi.

He grew this season's winner at the nearby Eyking Farm.

Besides being presented with a plaque, Naqvi also took

home a \$316 cheque for his effort.

There was speculation in the community over the past week that a giant pumpkin in the range of 1,200 pounds would enter the contest. Eight pumpkins made the weigh-in Saturday afternoon.

In comparison, last year's winning pumpkin weighed 1,045 pounds.

Initially, it was a challenge among friends to grow a giant pumpkin from three seeds that thrust Naqvi into his hobby.

That first year, back in 1995, he grew

a pumpkin weighing 270 pounds.

"And I got first prize in those days," he said, using nothing more than fertilizer, manure and seaweed.

His previous best weight was a 1,064-pound pumpkin a couple of years ago.

TC MEDIA

“

**When you see them grow every day it makes you feel like you're accomplishing something.**

Dr. Mahmood Naqvi

## NORTHERN PULP

## Mill gets money from defunct fund

A pulp mill in Nova Scotia is getting a final payment of \$13.7 million under a defunct provincial funding program.

The government says it has made the final disbursement to help cover the cost of a precipitator and a natural gas conversion at Northern Pulp's mill in Abercrombie.

The government agreed to \$21.7 million in loans and incentives in April 2013 for capital projects that improved air quality and efficiency.

Those projects included the new precipitator, wood chip plant construction and natural gas conversion.

Northern Pulp had two other Jobs Fund agreements, \$15 million for working capital in 2009 and \$75 million for land purchase in 2010.

The province says all agreements under the fund with Northern Pulp totalled \$111.7 million and all the money has been disbursed to the company.

THE CANADIAN PRESS



**JUST HORSIN' AROUND** LANCERS OPEN UP Members of the Halifax Junior Bengal Lancers perform a musical ride at their downtown location on Sunday. The equestrian club was holding an open house for the public. JEFF HARPER/METRO

## Breakfast of champions

## SPORTS

### Fans chow down with athletes from Pan Am Games

**Rebecca Dingwell**  
For Metro | Halifax

Clad in their red and white Team Canada jackets, six Nova Scotia athletes served up breakfast at the Canada Games Centre in Clayton Park on Saturday.

The province's most decorated athlete in the 2015 Pan Am Games, Ellie Black, was dishing out pancakes alongside her teammates.

"It's great for fans and friends and family to come out and see us, support us and meet us," said Black.

The Haligonian gymnast picked up three gold medals at the Pan Am games in Toronto, along with a silver and a bronze to boot.

"Pan Am was a great stepping stone," she said. "We're working towards the world championships in a couple weeks, at the end of October."

Black is staying focused on the world championships for now, as it will determine what's to come next year.

"It's our first chance to qualify as a team for the Olympics, so for gymnastics that's very exciting."

Mayor Mike Savage was on



**Ellie Black with a young fan.**  
REBECCA DINGWELL/FOR METRO

hand to congratulate the athletes, present them with gifts and co-ordinate a Q&A between the athletes and their young fans.

"I know folks are excited to meet these great athletes who represent our province and our country so well," said Savage.

Also in attendance was javelin and shot put competitor Pamela

LeJean. The Cape Breton native won both a gold and bronze medal at the Parapan Am Games and is still hard at work.

"We're just trying to maintain from Pan Am training," said LeJean.

LeJean is anxious to start travelling again and will soon be heading to Qatar for the world championships.

"I'm excited to see my girls from Team Canada," said LeJean. "We are all, like, scattered across the country - so big events like this are always an awesome opportunity to see my favourite throwers."

The hope is that these athletes represent Canada at the 2016 Olympics and Paralympics in Rio. But for now, a free breakfast will have to tide fans over.

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# READY TO ENGAGE

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## Core issues leave student fuzzy on who to vote for



**ROSEMARY WESTWOOD**  
in Toronto

Blawal Aleem, 21, knows the value of a vote.

In Pakistan, where his parents are from, Ahmadiyya Muslims such as Aleem are prevented from casting a ballot unless they declare themselves non-Muslims, and so most do not vote.

This federal election — his first — is “very interesting,” he says, “but in terms of who I want to vote for, I’m clueless, because when it comes to Muslims, specifically, there’s a lot of issues present.”

Chief among them, the niqab debate. “I’m strictly against the niqab ban because I don’t think it falls in line with Canadian values.” And the fact that two federal courts have ruled against the ban shows he’s right, he says.

He’d thought in previous years that the Conservatives, overall, had been “pretty good.” “But ever since this niqab issue has shown up, I haven’t been too sure which way to sway,” he says.

To Aleem, nothing matters more than preserving an image of Canada he holds dear — where immigrants are

welcomed, instead of feared. Where everyone is treated as an equal, regardless of background or religion.

“I think being born in Canada, I’ve seen Canada be a very accepting society of others, and I want to ensure that, for me and future generations, it continues to be the same,” he says.

Aleem was born in Toronto, raised in Vaughan, and will be voting in the tight race in King-Vaughan, where the Conservative candidate has come under fire for homophobic and misogynistic Facebook posts that he has said do not match his values. The riding’s recent polls show the Liberals and Conservatives neck and neck, and the NDP slightly behind.

Soon to graduate with a business IT degree from Ryerson University, Aleem isn’t swayed by some politicians’ promises to cut tuition fees and student debt. “In the short term that would seem beneficial, but in the long term I’m not sure that would be too beneficial because in the end that’s just coming out of our pockets,” he says.

Adding to his confusion is the fact that all the leaders have done pretty well in the debates, he noted. He

likes that the Liberals reject the Conservatives’ stance on the niqab ban, but notes he’s against Liberal-supported bills C-51 and C-24.

“There’s been a lot of talk of how Islamic values contradict Canadian values, but I don’t really see that, because I believe that Islamic and Canadian values fall in line with each other,” he says. “People may say, ‘You’re a Muslim. What’s your stance on ISIS and what’s your stance on violence?’ and I straight out condemn it, because that’s a minority that’s ruining it for the majority.”

“I do feel that in some way I have to clear up misconceptions,” he adds, “because I’ve seen the recent rise in Islamophobia. People are going to look at us and say, ‘These are from the same group of people,’ and we’re really not.”

Aleem says he won’t be swayed by religion or race. “Regardless of whether someone is white or black, even if they’re Muslim, that doesn’t mean they’re necessarily representing me. If they have the right policies, I’m all for them.”

Rosemary Westwood is travelling across the country talking to young voters. She’ll be in Toronto again tomorrow.



### VOTER PROFILE

**Name:** Blawal Aleem **Age:** 21 **Riding:** King-Vaughan  
**His issues:** Niqab ban/Canadian values

## Students unimpressed by parties’ simple messaging

CALGARY

### Platforms target youth with hashtags, catch phrases



**Jeremy Simes**  
For Metro | Calgary

Some University of Calgary students don’t appreciate Canada’s major political parties dumbing down their messages to win their votes.

Their reactions are a result of Conservative Party pamphlets that have been spotted on the university campus and which are circulating on social media.

The pamphlets read, “Let the lefties run your campus. Help the Conservatives run the country,” and, “Dropping taxes for families. Dropping bombs on ISIS. Dropping crooks in jail.”

But it isn’t just the Conservatives using one-line zingers: The Liberals and the NDP are both using hashtags and catch phrases to attract the youth vote.

The Young New Democrats use



**A sample of the Conservative Party’s pamphlets that have recently been spotted at the University of Calgary.** CONTRIBUTED

an image of a backpack on their website, with a question that reads, “What’s Stephen Harper putting in your backpack?”

The Young Liberals aren’t jabbing at the other parties. Rather, the group is using #Generation-Trudeau to only focus on the Liberal leader, asking youth to join the fight for “real change.”

The Young Greens take aim at the Conservatives on their Take Action page, which calls young people to ensure it’s “Harper’s last term as Prime Minister.”

Adam Kostiuk, a University of Calgary student, said he doesn’t enjoy single-issue politics — students are multifaceted when it comes to political issues.

“To think (parties) can come here and appeal in a strong, simple ideology in a straightforward way is out of touch,” he said.

“That’s not a way to get university students’ attention,” added U of C student Bonnie Trafford. “We are all intelligent people here, and that (simple approach) doesn’t really resonate.”

U of C student Justin Lorincz said one-liners are a bit of a joke.

“It seems like (parties) aren’t taking it seriously,” he said.

“It also annoys me when they only point out the bad things of another party,” he added. Referencing the Conservatives’ pamphlets, Trafford said the only thing she got out of it was a good

chuckle.

“It’s not going to get any of our attention, aside from a laugh,”

she said. “If people already agree (with the Conservatives), then they’ll probably be happy with

(the pamphlet). But for others who are undecided, I don’t think it does much.”

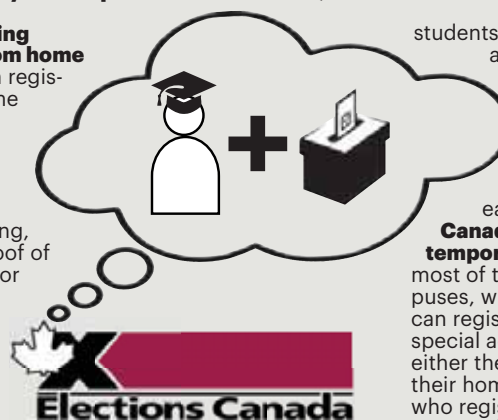
### BY THE NUMBERS

## Exercising the Franchise 101

**Elections Canada, whose own research shows that a mere 38.8% of eligible voters between 18 and 24 cast ballots in the 2011 election, is hoping a new pilot project, which starts today on campuses across Canada, will boost that number.**

### Students attending schools away from home

can either remain registered in their home ridings and vote there — by mail or by travelling on election day — or register in their school’s riding, by presenting proof of local residency. For many out-of-town students, the added difficulty involved with either of these options is enough to prevent them away from casting a ballot, and



students voted in 2011 at an even lower rate than the general 18-24 population.

Starting today, to make things easier, **Elections Canada is opening temporary offices** on most of the country’s campuses, where students can register and cast a special advance ballot, in either the local riding or their home ridings. Those who register at the temporary offices still need two pieces of ID, one of which has an address.

explains in part why Elections Canada found that



# NDP casts shadow on trade deal

ELECTION 2015

## Mulcair insists his party won't be bound by 'secret' pact

With the possibility Canada could join a massive Pacific Rim trade deal within hours, Tom Mulcair tried to cast his NDP on Sunday as the only party ready to stand up to the Conservatives on a pact he insisted could hurt Canadian farmers and manufacturers.

"The NDP, when we form government on Oct. 19, will not be bound by this secret agreement that Mr. Harper has been negotiating," the NDP leader said at a campaign stop in Brantford, Ont.

Mulcair made the comments as his campaign rolled across southwestern Ontario with half-a-dozen planned stops, including the cities of London and Sarnia.

While in Waterloo, Mulcair warned a crowd of 300 of what the controversial, 12-country Trans-Pacific Partnership could



NDP Leader Tom Mulcair speaks to supporters in Sarnia, Ont. RYAN REMIORZ/THE CANADIAN PRESS

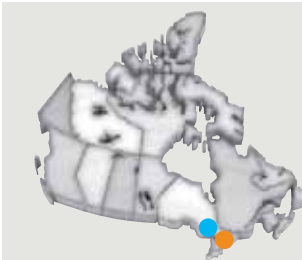
do to the region's farmers.

His whistle-stop tour took place as negotiators in Atlanta tried to seal the deal on a long-awaited agreement.

In an effort to conclude the agreement, negotiators held a series of all-night sessions pushing the meeting three days beyond its original schedule.

Mulcair has been trying to burnish his social-democratic credentials by insisting he won't be bound by a Conservative deal on the Trans-Pacific

## WHERE THE LEADERS ARE MONDAY



• **Stephen Harper** will be in Richmond Hill, Ont.

• **Justin Trudeau's** itinerary was unavailable.

• **Tom Mulcair** will be in Toronto.

• **Elizabeth May's** itinerary was unavailable.

Partnership, which would create the world's largest trade zone.

It remains to be seen whether Mulcair's blitz would jumpstart the NDP campaign, which recent polls suggest has been stalling.

Mulcair has hammered away on the importance of upholding the country's supply management system for dairy and poultry farmers.

Foreign negotiators have said Canada's protectionist system would have to be opened up for a deal to be reached, though it remains unclear what concessions might be made by

the federal government.

The Conservatives have insisted they would keep the supply-management system intact amid political pressure from opponents, provincial governments and the dairy lobby.

But the federal government has left open the possibility it could allow for an additional, if limited, share of foreign goods into Canadian grocery stores.

A TPP deal, which the government has said would boost the Canadian economy as a whole, could also have a similar effect on the auto sector.

THE CANADIAN PRESS

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October 19, 2015





**IN BRIEF****Debris, oil sheen found during ship search**

Rescuers spotted floating debris and an oil sheen Sunday as U.S. crews continued an intensive search off the southeastern Bahamas for a U.S. cargo ship with 33 people on board.

The ship, the 790-foot El Faro, has been missing since it lost power and was taking on water in fierce seas churned up by Hurricane Joaquin.

The U.S. Coast Guard has not yet been able to confirm whether the debris and oil is from the El Faro.

THE ASSOCIATED PRESS

**Joaquin weakening**

Bermuda was lashed Sunday by gusting winds and pelting rains from Hurricane Joaquin as its spinning centre tracked just southwest of the wealthy tourist destination.

After roaring across parts of the Bahamas as a major Category 4 hurricane, Joaquin weakened as it headed north. By early Sunday afternoon, forecasters said sustained winds had dropped to 165 km/h, making it a Category 2 storm.

THE ASSOCIATED PRESS

# Airstrike kills 22

**AFGHANISTAN**

## MSF leaves Kunduz after hospital hit in northern city

International medical charity Doctors Without Borders said on Sunday it had withdrawn from the northern city of Kunduz after a deadly airstrike destroyed its hospital and killed 22 people.

The city briefly fell to the Taliban last week before the government launched a counter-offensive, and the humanitarian situation within it has been growing increasingly dire, with shops shuttered because of ongoing fighting and roads littered with mines planted by insurgents.

"All critical patients have been referred to other health facilities and no MSF staff are working in our hospital," said Kate Stegeman, the communications manager for Doctors Without Borders, using the French acronym for the organization.

"Some of our medical staff have gone to work in two hospitals where some of the wounded have been taken," she added.



An explosion burned out the Doctors Without Borders medical facility in Kunduz Saturday.

THE ASSOCIATED PRESS

Investigations into the bombing continue. MSF announced Sunday three injured patients had died, bringing the total to 10 in addition to 12 dead staffers.

The charity said in a statement Saturday that "all indications" placed responsibility on the international military coalition, and Army Col. Brian

Tribus, a spokesman for American forces in Afghanistan, said a U.S. airstrike "in the Kunduz vicinity" around 2:15 a.m. Saturday morning "may have resulted in collateral damage to a nearby medical facility."

Afghan officials said helicopter gunships returned fire from Taliban fighters who were hiding

in the hospital, but Stegeman said there were no insurgents in the facility at the time of the bombing.

President Ashraf Ghani said a joint investigation was underway with U.S. Forces and President Barack Obama said he expected a full accounting of what happened.

THE ASSOCIATED PRESS

**LIBYA**

## 95 bodies washed ashore

The bodies of at least 95 migrants have been found washed ashore in Libya over the past five days, a spokesman for Libya's Red Crescent said Sunday.

Mohamed al-Masrati said Red Crescent scouts found 85 of the corpses near Libya's capital Tripoli and 10 near Sabartha, a Libyan coastal city that is a main launching point for smugglers' boats headed to Europe. He says most of the deceased are migrants from other African countries.

Thousands seeking a better life in Europe cast off from Libya, hoping to reach Italy. The International Organization for Migration says more than 2,600 have died in 2015 on the Central Mediterranean route.

Smugglers have exploited Libya's internal turmoil to ship thousands of desperate migrants into the Mediterranean.

"Up to today there are more than 550,000 internally displaced people in Libya due to the current conflict in Benghazi and other places, and we believe this number will increase to at least 600,000," said al-Masrati.

THE ASSOCIATED PRESS

**MISSING PLANE**

## Search affected by bad weather

For a second day, searchers failed to locate a plane with 10 people on board that went missing in eastern Indonesia, officials said Sunday.

The search for the DHC-5 Twin Otter turboprop plane, owned by the Aviastar Mandiri

airline, was again hindered by bad weather and rough terrain, said Henry Bambang Soelistyo, the head of Indonesia's National Search and Rescue Agency.

The plane lost contact with air traffic controllers 11 min-

utes after taking off in good weather. It was on a routine flight to Makassar, the provincial capital, carrying three crew members and seven passengers, including three children. No distress signal was received.

THE ASSOCIATED PRESS

**THAILAND**

## Boot camp discipline for hazers

At a military facility outside Bangkok, a drill sergeant barks orders at a group of film students learning the hard way that creative licence has its limits in Thailand.

"You are here to learn discipline," the officer shouted. "Do you understand?"

"Yes, sir!" shouted back the group of 53 aspiring artists.

In Thailand, this is how university hazing is handled. The offence: a video posted online that showed a half-dozen fully clothed freshman doing an erotic dance as upperclassmen cheered.

The military junta that seized power over a year ago pioneered the idea of "attitude adjustment" as a technique to silence critics. Now there are signs the mentality is being applied to civilian issues — like college discipline.

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**FLOORED BY THAT GOURD JASER AND THE GIANT PUMPKIN** Robert Jaser embraces his Atlantic Giant pumpkin at the palace in Ludwigsburg, Germany, Sunday. Weighing 812.5 kilograms, the pumpkin won the German championship title. THE ASSOCIATED PRESS



# RBC eyes voice ID service

## BIOMETRICS

### Banks striving for innovation to stem tech-savvy startups

Phone passwords and security questions could soon become obsolete as financial institutions race to implement technology that can verify a client's identity based on the characteristics of their voice.

After a successful pilot project last summer, Royal Bank is rolling out "voice biometrics" technology that can identify clients who phone the bank's call centres, in a matter of seconds.

Customers will have to opt in to the service, which is being phased in over a three-month period and has been created by tech firm Nuance Communications.

RBC says it is the first Canadian company to implement technology that can create and identify a client's "voiceprint," which consists of more than 100 different characteristics such as the client's pitch and



Royal Bank is phasing in its new system over three months. Proponents of the technology say it will improve security. THE CANADIAN PRESS FILE

accent, in the course of a regular conversation.

Manulife implemented similar technology for its banking clients and its retail advisers back in September, although users have to say a predetermined phrase — "At Manulife,



**You can't steal a voice.**

Joanna Lohrenz

my voice is my password" — in order for their voices to be verified.

In addition to speeding up the customer service process — agents can immediately begin addressing a client's needs rather than peppering

them with a series of security questions. Proponents of the technology say it will also boost security.

"It's easy to pick up a piece of mail and look at someone's confidential information, but you can't steal a voice," said Joanna Lohrenz, vice president of contact centres and customer experience at Manulife.

Financial institutions have been striving to innovate in response to changing customer expectations and pressure from more agile, tech-savvy startups that threaten to snatch some of their market share.

Earlier this year CIBC opened an innovation lab in Toronto to experiment with a variety of new technologies, including voice authentication similar to Apple's Siri, that would allow customers to use their voices not only to access their accounts but also to perform a variety of tasks such as pay bills, transfer money and even seek advice about budgeting.

CIBC is currently conducting research to determine how much appetite clients have for voice-authenticated banking.

THE CANADIAN PRESS

## IN BRIEF

### Google is now 'Alphabet'

Google Inc. on Friday completed the move to reorganize as Alphabet, and its stock will begin trading as Alphabet on the Nasdaq under the same tickers "GOOG" and "GOOGL" on Monday. Google said in August it would create a new company that would oversee both its lucrative Internet business and its growing flock of other ventures like building self-driving cars and researching ways to prolong human life.

THE ASSOCIATED PRESS

### Facebook jazzes profiles

Facebook is testing new profile videos that can be created from phones and would replace a still profile photo. The seven-second, looping videos play automatically when you look at a profile page. For now, only some iPhone users in California and the U.K. can make them. Any Facebook user can see them. Facebook Inc. doesn't have a specific date for when it will expand the feature.

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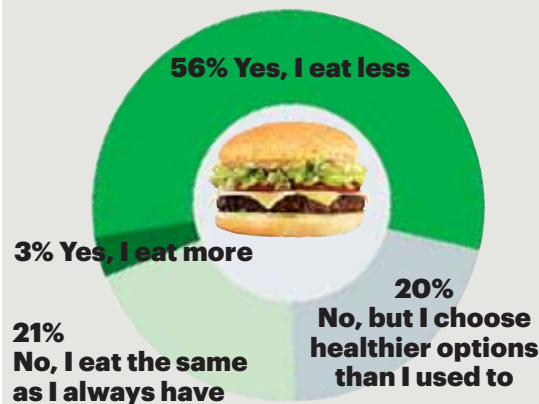


## Metro MONDAY POLL

### Would table service and automated ordering make you eat more fast food?

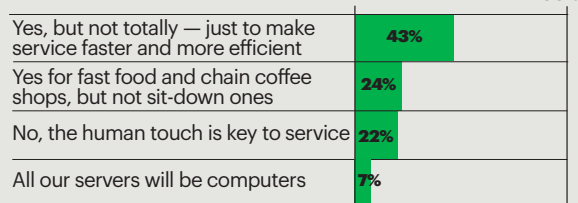
Last week, McDonald's Canada blew up the way it does business, adding touch-screen kiosks and table service, along with dozens of new burgers, cheese, bun and topping combinations to keep up with the trend of customization over comfort food. Traditional greasy fast fare has declined in recent years as people choose to drive by the drive-thru in favour of options like Chipotle. Metro asked readers, have these changes affected what you choose to chow down on?

#### 1 Have you changed how much fast food you eat?



Visit [metronews.ca](http://metronews.ca) every Friday to have your say.

#### 2 Will automation will take over the business?



#### 3 What changes might make you eat more fast food?

37% More fresh, healthy choices  
 19% Lower prices  
 17% More breakfast options all day  
 6% Nothing. Fast food is gross and I avoid it  
 5% More attention to food allergies, sensitivities and preferences (i.e. more nut-free, dairy-free, gluten-free or vegetarian options)  
 5% More restaurants near where I live / work  
 5% Make it automatic so I don't have to talk to anyone  
 4% Nothing, I already eat enough/too much fast food  
 2% Other

Locally sourced ingredients

Ethical choices

Reduce salt content dramatically

METRO READERS

## metroview

### I raise my double double to you, fellow Brantfordians

Liz Brown  
 Metro | Toronto



Last week, I stumbled across a news story that has provided much insight into the origins of my Canadian patriotism.

Statistics Canada reports that my hometown, Brantford, Ont., is the city most proud of its Canadian identity, with 98 per cent of residents saying they take pride in just, well, being able to call themselves Canucks.

I'm convinced it's because this community cultivates pride in Canadian clichés in a way that puts Bob and Doug McKenzie to shame. Growing up there, you're constantly reminded that Brantford bred the world's greatest hockey player. And if you never move away, you think it's in perfect taste to hang Canadian flags as curtains on your bedroom window. A Sunday well spent is a game of street hockey, played to the sounds of The Tragically Hip (we once had a music festival called Hockey-fest), followed by domestic Canadian brews consumed in a garage.

As a kid, I knew that Wayne Gretzky's mom and dad — Walter and Phyllis — lived behind the Brantford Mall on Varadi Avenue and if you knocked on the door and asked nicely, Walter would take you for a tour of the basement that showcased memorabilia from his son's career. Walter had autographed sticks and pucks he'd gift to kids, like a sort of hockey Halloween.

As quickly as you can say Timbit, you're told that

Brantford, per capita, has the most Tim Hortons of any city in Canada. So strong was this urban legend, that a Brantford Expositor reporter went on assignment to uncover the truth back in 2007. Much to the city's disappointment, her research revealed Moncton, N.B., held that crown. But, she confirmed that Brantford does have the most Tim Hortons per capita in Ontario, and once boasted the busiest store, which, during peak hours, had to call the police to control the drive-thru chaos.

We love this Canadian institution so much, we're also home to the factory that bakes the doughnuts. The central bakery that ships frozen Tim's goods across Canada is on the east side of the city and coats the area in that familiar sugary, fried doughnut scent. If you ever happen to visit Brantford, start sniffing as you approach on the 403, right near Wayne Gretzky Parkway.

I live in Toronto now, and I'm often mocked for my "strong Canadian accent" and love for pedestrian activities like drinking beer in a garage. I'm aware that reducing Canadian culture to hockey, doughnuts and beers in a garage is incredibly simplistic and doesn't come close to capturing the character of this country. But there's a charming innocence in loving your country so much you take pride in these tropes.

So I raise my double double to you, fellow Brantfordians. Congratulations for putting our city on the map once again.

## Social media not the best way to judge candidates

### HALIFAX MATTERS

Stephen Kimber



Is it past time for a statute of limitations on social media stupidity? Or at least for a more nuanced understanding that what may have been expressed in the heat of a long-gone 140-character moment, or caught on a hidden camera investigation of ... appliance repairmen(!) does not necessarily constitute a complete encyclopedia of any candidate's attitude or world view?

So far in this elongated election season, the Can-

adian Press has counted 21 "gaffes" involving nine Conservatives, six Liberals, four New Democrats and two Bloc candidates. Thirteen have resigned, or been fired by their skittish political masters.

Their "crimes"?

- There was, of course, the infamous peeing Tory repairman.
- And the Liberal candidate who crudely suggested a critic's mother should have aborted her with a coat hanger ... in a tweet war from when she was 17.
- And the BQ hopeful who once cheekily responded to a survey that, in the event of a nuclear attack, she wanted her "cellphone, a penis and chips."
- And the crank-calling YouTube Tory who posted a video of himself faking an orgasm ...

Although none of these

offences constitute high crimes or treason — or even matters of public policy — all resigned or were fired.

King's-Hants NDP candidate Morgan Wheeldon's August gaffe seemed more substantive. Conservative operatives circulated a screen grab of a 2014 Facebook post in which he allegedly accused Israel of planning to "ethnically cleanse" the region. Wheeldon insists his original comment was prefaced with "one could argue," and says he believes in the NDP's two-state policy. No matter. Wheeldon "resigned."

Tom Mulcair's communications director, Shawn Dearn, didn't get fired, but was forced to make mea maxima culpa after old tweets surfaced in which he'd argued the "misogynist, homophobic, child-molesting Catholic church" should not be considered a

moral authority, and called Pope Benedict — gasp, golly — an "offensive expletive." That Dearn is gay, which might lend him "moral authority" to comment on the scandal-plagued Catholic church, seemed lost on the electoral thought police.

We live in a social media world. Stale tweets, Facebook posts and Instagram what-I-had-for-breakfast photos will inevitably be part of the broader electoral picture. But they are not the only, or best, lens through which to view candidates. Before the next campaign, we — and political parties — need to grow up.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.

**Before the next campaign, we — and political parties — need to grow up.**

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## The Girlboss guide to business



### ENTREPRENEURSHIP

#### Author Sophia Amoruso spills the secrets to success

**Amanda Valentovic**  
Metro | New York

Sophia Amoruso's book *#Girlboss* shares the story of how she started online clothing business *Nastygal.com* and turned it into a successful \$100-million company before she turned 30.

When the book was released in May 2014, *#Girlboss* spent 18 weeks on the New York Times bestseller list, and last week Amoruso kicked off the release of the paperback at the Union Square Barnes



**It's not a bad thing to professionalize what you enjoy doing. It's what I did with vintage clothing.**

Sophia Amoruso

and Noble with a conversation with Teen Vogue editor-in-chief Amy Astley.

Here are three things we learned about starting your own business from Sophia Amoruso:

#### **Make something you love into your business**

"It's not a bad thing to professionalize what you enjoy doing," says Amoruso. "It's what I did with vintage clothing."

If you really love your job, it will make your business more successful. Make sure that you're doing something

you love because you want to, not because of the attention you might get.

"If you're seeking the limelight, it won't work," Amoruso says.

#### **Be ambitious and a team player**

When hiring someone, Amoruso looks for a person who is willing to work — but not someone who isn't willing to learn.

"They're ambitious, but not entitled," Amoruso says about employees she looks for. "If you're like that, no one will want to be around you."

When you stay organized and on top of your job, you'll stand out from the crowd.

#### **Earn everything yourself**

"Working for things is really important," Amoruso says.

The reward will taste so much sweeter when you know you've earned everything you've worked for yourself, especially if you've been working toward a goal for a long time.

"There's only one first time that you can earn something yourself," says Amoruso. After that, more motivation will come to keep reaching for new goals.

**Sophia Amoruso**  
KIMBERLY WHITE/  
GETTY IMAGES



# Breaking News for Breakfast.

5am — 9am MONDAY TO FRIDAY



# The sweet taste of good morale

## OFFICE SPACE

### Providing snacks for workers adds to happiness

**Eleni Deacon**  
For Metro Canada



The recipe for exceptional workplace morale calls for fair paycheques, supportive bosses, and not-boring everyday work. But to truly ensure employees feel sprightly, the secret ingredients might be sugar and salt.

That's the implication of recent research from online grocery-delivery service Peapod. In a survey of 1,000 office workers, the company found that 56 per cent of full-time employees were "extremely" or "very" happy with their jobs. It's a promising outcome. However, those rates climbed to 67 per cent among workers at offices that offer a game-changing bonus: free snacks.

Could a stocked fridge really help employers stack the deck in their favour? Despite the sur-



Providing free snacks to employees can give a substantial boost to morale, according to new research. ISTOCK

vey's bite-sized sample size, the outcome suggests that satisfying workers' mid-afternoon munchies generates a higher level of overall satisfaction — which could potentially yield better-quality work and improved productivity. It seems almost ridiculous that a Clif bar or banana could have a dramatic impact on

workers' opinions toward their jobs. But while free snacks may seem like a superfluous perk, the feeling they inspire — in addition to "full," that is — might make a deep impression.

When presented with complimentary nibbles, few employees will pass up the chance to chow down. But their ensuing content-

ment may not result from the fact of a full stomach so much as the sense of being valued by their employer. Feeling appreciated by your direct supervisor is different than feeling appreciated by the organization for which you work. Free snacks, while seemingly of low significance, could provide a daily reminder

that your company thinks beyond the bottom line.

There's an argument to be made that food is a decoy: when work piles up, companies subtly encourage employees to toil harder and later by providing enough sustenance that they never have to get up from their desks.

But many organizations, whether or not they're handing out no-charge pretzels, have the same expectation. Millennials, among whom workplace refreshments were the most popular, may not simply guzzle the extra fuel because they're entitled or shallow or easily charmed. In a market where employers increasingly choose not to offer fully loaded contract packages that include substantial "extras" like benefits or pension plans, small perks can carry a big — if inflated — value in terms of morale.

Almonds won't compensate for a toxic boss or uninspiring work. But they might help employees feel less cranky about hiking to work every morning. At the very least, because they won't end up working on an empty stomach.

## + HEALTH BRIEFS

### Zen of washing dishes

Doing the dishes could reduce stress by 27 per cent and increase inspiration by 25 per cent.

Florida State University conducted an experiment on 51 volunteers, where half were asked to read instructions on how to wash dishes, written in a mindful manner. The other group was asked to read classic instructions. Each participant then washed plates before answering a questionnaire. The volunteers who washed dishes in a state of complete awareness by focusing on the fragrance of the dish-washing soap and contact with the dishes had a 25 per cent increase in their feelings of inspiration and reduced their anxiety by 27 per cent.

The group that had done the dishes in a more traditional manner felt no difference in their well-being or state of mind. AFP



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# Know yourself for better budgeting

MONEY

## Changes mean nothing without true priorities

**Gail Vaz-Oxlade**  
For Metro Canada



How many times have you tried sticking to a budget, using cash or noting your transactions in a spending journal? Tried and failed. If you want to stick with the changes you're making to better deal with your money, you should be able to identify at least one benefit you'll gain by making those changes.

Do you want to have more money in savings so you don't end up poor when you're old?

Do you want to set up an emergency fund so that when life throws caca at you, you have some options?

Do you want to get rid of your consumer debt once and for all so you're not always thinking about the disaster just around the corner?

What do you want? Do you know what's really important to you?

Grab a pen and piece of paper and write down the things that you consider the most important to you. Don't just write down what you think will make a good list. Be honest about what you want. Write down the things that really matter to you.

What makes you happy? What defines who you are? Where do you wish you were in your life? You may have to come back to your list a few times. Think. Jot notes. Think some more.

The next step is to write



**To ensure financial health, determine your goals and the things that matter most to you.** ISTOCK

down the goals you want to achieve over the next year, two years and five years. What do you want to accomplish? Write down everything you can think of.

Pick three things you think are most important from your list. That will mean ranking all your goals one, two, three in terms of importance, and then going back, pulling all the things you labelled with a one and then ranking those one, two, three.

Eventually you'll begin to see clearly what you're prioritizing.

It may take some time. You may be surprised. But you should at least know what turns

your crank the most so you're not fighting against your own best efforts.

Now compare your goals to what's really important to you. You may have ended up with "vacation" on the top of your goals list, while you're jawing on about "living debt free." I'm not here to judge. It's your list.

So which is it? What's really, really important to you, and what are you prepared to give up to get what you truly want?

Good luck resolving your conflicts.

For more money advice, visit Gail's website at [gailvazoxlade.com](http://gailvazoxlade.com).

MANAGEMENT

# Why A is not better than B

**Raquel Laneri**  
Metro | New York

Guess what: You can be nice, sensitive and introspective and still be a good boss.

It's a common misperception — even in HR — that in order to be an effective leader, you need to be aggressive, intimidating and brash. But those characteristics don't necessarily work, says Victor Lipman, author of *The Type B Manager: Leading Successfully in a Type A World*.

"I was a manager at a Fortune 500 company for almost 25 years," he says, citing a culture that often prized Type A personalities over more empathetic ones. "And one of the many things that I saw over the years was that management was not very effective."

How ineffective? Lipman cites a Gallup survey that found only 30 per cent of employees are engaged in their jobs. The Type B Manager hopes to remedy that, debunking oft-held stereotypes about what makes an effective boss. Lipman talks to Metro about what why sensitive souls tend to be good leaders, and gives us some tips about dealing with confrontation, conflict and underperforming employees in a nice way.

## Build loyalty

"If you break management down to its essence, it's all about getting work done," says Lipman. "And many qualities normally associated with Type Bs — like being more laid-back, easygoing, patient, reflective, and being good communicators allow you to build relationships with people, and ultimately gets people to do the kinds of things



**While the management stereotype is that of a Type A personality, Type Bs bring a lot to the table as well.** ISTOCK

you want them to do."

## Set employee goals

One way to minimize conflict down the road is to lay out your employees' objectives clearly so that they understand their goals and responsibilities.

"Spend a lot of time on the results that you and the organization expect of them — behaviourally, if that's an issue, in terms of productivity, whatever the metrics are — and make sure that these results are as clear and measurable as they can be," advises Lipman.

## Look for motivations

Not all workers are motivated by the desire to please their bosses, like it or not.

But, the good thing about being a communicative and

empathetic boss is that you can find out what makes your employees tick — whether that's flexibility, so that they can take time off to go to a kid's baseball games or work from home sometimes to care for an elder family member, a bigger office, or, yes, money.

"Good managers who take the time to get to understand their employees will start to understand what they really want," says Lipman.

## Conflict happens

You can be the coolest boss ever, but you'll still be placed in uncomfortable situations.

Yes, conflict is scary, but no one likes it. "The notion of management without high standards isn't management at all," Lipman says.

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# 'Little things' piling up in Mooseheads' losses

QMJHL

## Three defeats show lack of attention to detail: Coach



**Kristen Lipscombe**  
Metro | Halifax

The Halifax Mooseheads had a bumpy road trip in Quebec over the weekend.

They dropped a 4-3 decision to the Sherbrooke Phoenix on Friday night, lost 4-2 to the Blainville-Boisbriand Armada on Saturday night and fell 5-4 to the Drummondville Voltigeurs on Sunday evening.

The three losses in as many days puts the Herd at 1-6-1-1 on the season, 16th overall in the QMJHL and good for sixth and last place in the Maritimes Division.

But Mooseheads head coach Dominique Ducharme said his team was "right there" for all three of those games, with two lost by one-goal margins. Perhaps not too shabby for the second-youngest team in the Q-league.

That's why the boys in green



**Second-year forward Maxime Fortier had three goals and two assists, contributing to five of the nine goals the Mooseheads scored in three weekend losses in Quebec.** JEFF HARPER/METRO FILE

and red will keep focusing on "the little things," Ducharme said Sunday night.

He said the "little things" they'll be working on at practice

this coming week will be learning how to play tough without being sent to the box.

The Herd was handed almost twice as many infractions (13-7) as the Voltigeurs during Sunday's game.

Being forced to constantly kill penalties takes the focus away from the offence necessary to get that much-needed second win.

It also doesn't help having key players, including captain Timo Meier and highly-touted defence-man Cody Donaghey, sidelined due to injuries.

Meier sustained his foot injury during what Ducharme called a "strange play" in the first period of the weekend's first game against the Sherbrooke Phoenix. During that game, second-

## UPCOMING

### THURSDAY

Blainville-Boisbriand vs. Mooseheads at Scotiabank Centre, 7 p.m.

### FRIDAY

Victoriaville vs. Mooseheads at Scotiabank Centre, 7 p.m.

AUS FOOTBALL

## Huskies humbled again

The Saint Mary's Huskies had yet another disappointing weekend on the field.

The boys in maroon and white fell 31-15 to X-Men during St. Francis Xavier's homecoming Saturday at Oland Stadium in Antigonish.

Fifth-year X-Men running back Ashton Dickson was named player of the game for a 27-carry, 128-yard performance according to atlanticuniversitysport.com.

St. Francis Xavier led 28-2 at halftime after a 25-point second quarter. The X-Men kicked off the scoring in the first quarter with a 38-yard field goal from kicker Jonathan Heidebrecht.

The Huskies cut into the St. Francis Xavier lead on a couple of safeties.

The Huskies came to life in the third quarter, when they managed five plays to gain 105 yards culminating in a nine-yard touchdown pass from Trevor Erdmann to Rick LeMoignan to narrow the gap to 28-12.

Erdmann finished 19-for-36 for 235 yards.

Saint Mary's is now 0-4 on the 2015 season. The Huskies will look for their first regular-season win Friday night when they host the Acadia Axemen. Kick-off time is 7 p.m. at Huskies Stadium on the south-end Halifax campus.

Saint Mary's Huskies homecoming is set for the following weekend, Saturday, Oct. 17, in a rematch against the St. Francis Xavier. KRISTEN LIPSCOMBE/METRO



**We can compete with everyone. We just need to finish it off ... and bring our game to another level.**

Mooseheads head coach Dominique Ducharme

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IN BRIEF

**Red Sox announce Farrell will be back as manager**

John Farrell was forced to step away from the Red Sox because of cancer. He will return as their manager in 2016, an announcement that ends Boston's second straight troubling season on an uplifting note.

Boston announced Farrell's return before Sunday's 3-1 loss to Cleveland. The 53-year-old left the Red Sox on Aug. 14 after being diagnosed with stage 1 lymphoma, detected when he had surgery to repair a hernia.

He recently completed his final course of chemotherapy for non-Hodgkin lymphoma.

THE ASSOCIATED PRESS

**Liverpool gives Rodgers the boot after three years**

Brendan Rodgers was fired as Liverpool manager on Sunday, paying the price for the club's 18-month slump since almost ending its long wait for an English league title.

Liverpool's American owners, Fenway Sports Group, chose the day of the Merseyside derby

against fierce rival Everton to announce that Rodgers' three-year stint at Anfield was over. About three hours after the 1-1 draw at Goodison Park, Rodgers had his contract terminated.

Liverpool said the search for Rodgers' replacement was underway, with much of the media speculation centring on Juergen Klopp, who is on a break from football after leaving German side Borussia Dortmund at the end of last season.

THE ASSOCIATED PRESS

**Packers improve to 4-0 with win over 49ers**

Aaron Rodgers passed for 224 yards and a touchdown, ran 17 yards to set up a key second-half score, and the Green Bay Packers beat the hapless San Francisco 49ers 17-3 on Sunday for their first 4-0 start in four years.

While methodical with nothing fancy, Green Bay (4-0) seemed unfazed with a short week and long trip West after beating Kansas City last Monday night.

THE ASSOCIATED PRESS

# Jays stumble into ALDS vs. Rangers

MLB

## Rays swiftly dispatch Buehrle in season finale

The Toronto Blue Jays will face the American League West-champion Texas Rangers in the first round of the playoffs.

Game 1 of the American League Division Series is Thursday at Rogers Centre.

David Price will start for the Blue Jays, while Yovani Gallardo is expected to take the mound for the Rangers to begin the best-of-five series.

Gallardo went 2-0 against Toronto this season and didn't allow a run.

Cole Hamels, whom the Rangers acquired at the deadline before the Blue Jays got Price, started the final game of the regular season and would be on regular rest to pitch in Game



**Blue Jays second baseman Ryan Goins tags out the Rays' Brandon Guyer on Sunday in St. Petersburg, Fla.**

STEVE NESIUS/THE ASSOCIATED PRESS

2 Friday.

The Blue Jays had a chance to earn home-field advantage throughout the playoffs but went 1-4 in their final five games after clinching the AL East, including a 12-3 loss Sunday to the Tampa Bay Rays.

In that loss, Mark Buehrle failed to become the fifth ma-

major leaguer to pitch 200 innings or more in 15 consecutive seasons. He needed just two innings to reach the milestone, but couldn't get out of the first.

Two errors led to Buehrle allowing eight unearned runs and five hits over a career-low two-thirds of an inning. He had gone 6-2/3 innings Friday night

**TULO HEALTHY**

Shortstop Troy Tulowitzki doubled in three at-bats during his second game after missing three weeks due to a cracked scapula and upper back bruises. He went 2-for-5 Friday.

en route to his 15th win.

The Kansas City Royals, who led the AL for months, won five straight to end the season and earn home-field advantage.

Kansas City will face the winner of the AL wild-card game between the New York Yankees and Houston Astros.

In the National League, the New York Mets will face the Los Angeles Dodgers, while the Central Division-champion St. Louis Cardinals will play the winner of the wild-card game between the Pittsburgh Pirates and Chicago Cubs.

THE CANADIAN PRESS

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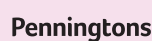
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## RECIPE Basil Pesto Pizza with Ricotta and Sun-dried Tomatoes



PHOTO: MAMA VISHNEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada



Making pizza with flatbread means it comes together in a snap.

### Ready in

Prep time: 20 minutes

### Serves 4

### Ingredients

- 2 cloves garlic, peeled and quartered
- 2 cups baby spinach
- 1 cup basil leaves
- 1/2 cup finely grated Parmesan
- 1/2 cup olive oil
- 1/2 tsp salt
- 1/4 tsp pepper
- 1 large store bought flatbread
- 1 Tbsp olive oil
- 1 cup ricotta cheese
- 1/2 cup shaved Asiago cheese
- 1/4 cup chopped sun-dried tomatoes
- chopped basil for garnish

### Directions

1. Preheat the oven to 375. Prepare a baking sheet with parchment paper.
2. In a food processor, mince garlic, then add the spinach, basil, Parmesan, oil and salt and pepper. Purée until smooth, scraping down the sides of the bowl as necessary.
3. Lay the flatbread out onto the prepared baking sheet. Sprinkle with a bit of olive oil. Spread the pesto across the top of the flatbread leaving a 1/2-inch border around the edges. Drop heaping tablespoons of the ricotta onto the pesto. Sprinkle with Asiago and sun-dried tomatoes
4. Bake for 8 to 10 minutes, or until the edges of the crust are golden brown and the cheese is melted. Remove from the oven and sprinkle with chopped basil and slice into triangles to serve.

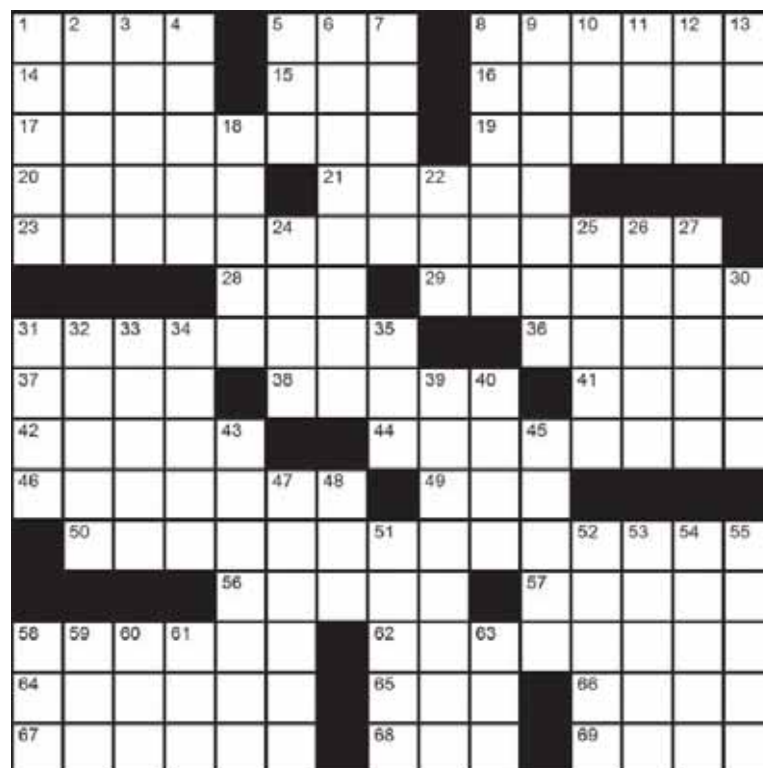
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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Dungeon's de-meanour
5. Ancient yrs
8. "Poseidon" (2006) actress Emmy
14. Celebrity hair-stylist Jose
15. \_\_\_-dee-dah
16. Light bulb moment exclamation!
17. Roman Emperor portrayed by Malcolm McDowell in 1979
19. Actress Julia
20. \_\_\_ nothing
21. Pros opposites
23. Decorative artistry for which Metis people are renowned: 2 wds.
28. "\_\_\_ of Love" (1989)
29. Autumn, and others
31. Ontario folk festival since 1961
36. Director's creation
37. Grad
38. Women's fitness magazine
41. Went
42. Chesterfields
44. \_\_\_Benz
46. "Bambi" (1942) character
49. "Rock and Roll, Hoochie \_\_\_" by Rick Derringer
50. L'\_\_\_ (Worn around the waist, traditional clothing accessory of the Metis that is also functional)
56. "\_\_\_ is an island entire of itself..." - John Donne



57. Like a shoe's support
58. Venerable
62. \_\_\_ flechee (Also worn in traditional French-Canadian apparel, alternative name of #50-Across' answer)

64. Robinson \_\_\_ (Daniel Defoe's 1719 book)
65. 'Capital' suffix
66. Make \_\_\_ for it (Go!)
67. Items that sound off in the kitchen
68. Mr. Danson

69. Sizeable story

6. Type of pipe made from the same-named gourd
7. Western film of 1953 starring Alan Ladd
8. Live somewhere
9. Did better competitively in the pool
10. Mister, in India

### DOWN

1. Choice of coffee
2. Have \_\_\_ (Enjoy)
3. \_\_\_ Yello (Soft drink brand)
4. Previous
5. \_\_\_-ray player

11. French seasoning
12. Li'l instrument
13. Pas' partners
18. Comprehend
22. '\_\_\_' in Ta-doussac
24. Russian author Mr. Tolstoy's
25. Serenader's song: "\_\_\_ Mio"
26. Wandered
27. Cook's tool
30. TV \_\_\_ (Electronics purchases)
31. Ship spar
32. Hawaii = The \_\_\_ State
33. "Tell Me Something Good": 1974 hit for what band?
34. Islamic leaders
35. Kanga creator's monogram
39. Toy dog breed [var. sp.]
40. Fun suffix to 'Switch'
43. Support a walk-a-thon
45. Sir Arthur \_\_\_ Doyle
47. Overacts
48. Spinning stat.
51. Unexpressed, but understood
52. Spanish titles for Misses, for short
53. Honda car
54. Cardigan-like garment
55. Carrion-consuming creature
58. Perform
59. Mr. Geller
60. Dental floss brand
61. Operate
63. "\_\_\_ better be!"

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You may want to start something new but before you do get the views of people you trust. There may be something you have missed that could cause problems later on.

**Taurus** April 21 - May 21  
You may be tempted to get vocal with someone who has let you down but the planets warn that they hold the upper hand at the moment. Try criticizing them later in the week instead.

**Gemini** May 22 - June 21  
You can be easygoing to a fault but you cannot expect others to be as accepting of the current situation as you are. Don't let others spoil your buoyant mood.

**Cancer** June 22 - July 23  
Your feelings for a certain individual will reach a peak over the next few days, which is nice, but this may not be the best time to reveal your true thoughts and intentions. Keep them secret just a little while longer.

**Leo** July 24 - Aug. 23  
Certain resentments will come out into the open where they can finally be dealt with. You have no choice but to confront them.

**Virgo** Aug. 24 - Sept. 23  
You need to take care of certain duties that you have been avoiding. You've put them off long enough: now you must knuckle down and get ahead of the game. If you don't you will fall even further behind.

**Libra** Sept. 24 - Oct. 23  
You will find it easier to express yourself when Mercury turns direct in your sign towards the end of the week. Between now and then though keep your thoughts and feelings to yourself.

**Scorpio** Oct. 24 - Nov. 22  
Your feelings will be magnified to such an extent during the early part of the week that you may not be able to control yourself and that could cause trouble, especially at home.

**Sagittarius** Nov. 23 - Dec. 21  
Cosmic activity urges you to have a good time socially but other aspects warn that authority figures still expect you to deliver on what you have promised. Work now, play later.

**Capricorn** Dec. 22 - Jan. 20  
You may be hungry for success but you must not take liberties. Make sure there are no skeletons in your closet that your enemies can easily uncover. Bury them deep!

**Aquarius** Jan. 21 - Feb. 19  
If a friend or colleague proposes that you do something different don't dismiss the idea out of hand. If you are too cautious now you may kick yourself later in the week.

**Pisces** Feb. 20 - March 20  
Pisces is a mutable sign, and you are more flexible than most. That attribute should serve you well this week. While others are unwilling to adapt you will be making compromises and profiting from them.

### CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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